



Lilongwe Sailing Club

Sailing Instructions

1. Races will be sailed under the IYRU latest rules except as amended by the Sailing Instructions and the rules of each class concerned.
2. **Course to be sailed** will be displayed on the course chart not later than 15 minutes before the start of each race.
3. **Course marks** are as shown on the course chart.
4. Unless otherwise prescribed **the starting and finishing line** shall be the extension of a line through the cross-tree and post in front of the Bridge, with number one mark at or near its outer limit, inside which yachts must pass when starting and finishing.
5. **Starting signals** shall be as laid down in Rule 4 (4a ii) of the IYRU rules.

Warning Signal - White shape and one sound signal (10 mins.)

Preparatory Signal - Blue shape and one sound signal (5 mins.)

Starting Signal - Red shape and one sound signal.

Each signal shall be lowered one minute before the hoisting of the next, and in starting yachts by classes, the starting signal for each class shall be the preparatory signal for the next, and so on until all classes have started. The red shape is lowered finally when all yachts in the last class have started.

Times shall be taken from the visual starting signals and a failure or mistiming of a sound signal shall be disregarded.

Starting time for the first race on Club Sailing Days shall be 11:00 a.m.

6. **Finishing signals.** Every yacht shall receive a sound signal on crossing the finishing line.
7. **Class flags**

Enterprise

Code flag E



Mirror

Code flag M



G.P. 14

Code flag Y



Other classes

Code flag O



All classes

Code Flag H



8. **Shorten Course:** two sound signals with the hoisting of code flag 'S' next, and in starting yachts by classes. The starting signal for each and the appropriate Class flag. On the signal to shorten course the leading yacht of any class concerned shall round the next mark of the course on the required side and proceed to cross the finishing line from the direction or the mark so rounded.



9. **Postponement signal:** two sound signals and the hoisting of answering pendant 'AP'. This means that the scheduled starting times of races not started are postponed for 15 minutes. The postponement can be extended indefinitely by a further two sound signals and lowering and re-hoisting 'AP' every 15 minutes. After a postponement the 'AP' shall be lowered one minute before the warning signal.



10. **Abandonment signal:** three sound signals and the hoisting of Code flag 'N'. Abandoned races may be re-sailed at a time posted on the Notice Board.



11. **Time limits:** If the leading yacht in each class has not finished within the time limit specified on the Notice Board the race shall be abandoned. A yacht not finishing within 30 minutes of the first yacht of its class to finish shall be considered to have retired.
12. **Recalls.** When at her starting signal, any part of a yacht's hull, crew or equipment is on the course side of the starting line or its extensions, another sound signal will be made and Code flag 'X' hoisted. It shall be lowered when all offending yachts have returned to the pre-start side of the line, or for four minutes, whichever is the shorter.



13. **General Recalls.** The First Substitute Flag will be hoisted and two sound signals made. If the red shape has been hoisted it shall immediately be lowered. The first substitute shall then be treated as if it were the white shape and starting procedure carried out in accordance with para. 5 above.



14. **Protests** or written intention to protest must be lodged with the Bridge Commander or his representative within one hour of the last yacht finishing the race. A protest made in writing shall not be withdrawn but shall be decided by the Race Committee unless, prior to the hearing, full responsibility is acknowledged by one or more yachts.
15. **Appeals.** The decision of the Protest Committee is final. No appeals can be made.
16. **Alteration to the Racing Instructions.** Rule 3(4) of the IYRU will apply. These instructions may be amended by a notice placed on the Bridge Notice Board not later than 30 minutes before the proposed start of a race.
17. **Personal buoyancy** adequate personal buoyancy to the satisfaction of the Race Committee must be **WORN** by each person on board a yacht when racing. Failure to comply will result in disqualification.
18. **Yacht buoyancy.** All yachts should be fitted with: adequate buoyancy as prescribed in their individual class rules and to the satisfaction of the Race Committee. Yachts not, so fitted may not be allowed to race.
19. **Starting fees** where applicable should be paid before the commencement of each race. Failure to pay the starting fee may result in disqualification.
20. **Infringement of rules.** A yacht which acknowledges infringing a rule of Part IV of the IYRU rules may exonerate herself by making two full 360° turns subject to the following provisions.
 - (i) The yacht infringed against shall notify the infringing yacht at the first reasonable opportunity by hail and by showing a protest flag.
 - (ii) Upon such notification the yacht acknowledging fault shall immediately start to get well clear of other yachts and while on the same leg of the course she shall hail adjacent yachts of her intention and then make her turns. Whilst so doing she shall keep clear of all other yachts until she has completed her turns and is on a proper course to the next mark.
 - (iii) For the purpose of applying this penalty, a 'leg of the course' shall be deemed terminated when two boats lengths from the mark ending that leg and the next leg shall be deemed to commence at this point, except for 'the final leg' which is terminated when a yacht is no longer racing.
 - (iv) The turns may be made in either direction but both in the same direction.
 - (v) When the infringement occurs before the starting signal the infringing yacht shall make her turns after the starting signal and before starting.
 - (vi) When an infringement occurs at the finishing line the infringing yacht shall make her turns on the last leg of the course before being officially finished.

- (vii) If neither yacht acknowledges fault, a protest must be lodged in accordance with Rule 68 Protests and these Sailing Instructions.
- (viii) An infringing yacht shall report her infringement and the resulting action taken by her to the Race Committee together with such other information as may be required by the Sailing Instructions.
- (ix) Failure to observe the above requirements will render a yacht which has infringed a rule of Part IV liable to disqualification or other penalty.
- (x) An infringing yacht involved in a collision which results in serious damage to either yacht shall be liable to disqualification.

21. Scoring system

- a. Winning boat 3/4 point
second boat 2 points
third boat 3 points, and so on
- b. Retirement after starting - same number of points as starters in the class in that particular race.
- c. Non-starters - same number of points as yachts entered in the class.
- d. Disqualification or delayed retirement - number of yachts in the class starting plus one point.
- e. Ties - When there is a tie at the finish of a race the points for the place for which the yachts have tied and for the place immediately below shall be added together and divided equally. Where two or more yachts tie for a trophy or prize in a series of races the winning yacht shall be that with the lowest number of points in her best discarded race. If the tie remains unbroken the yachts so tied shall sail a deciding race.